

The Courtenay Chronicle

May 2010

Welcome to the May edition of the Courtenay Chronicles and what a glorious May day it is as I write this! Outside the Sun is shining and the birds are singing and the weather man on the TV assures me this is the hottest day this year so far!! In fact this week we've managed to have breakfast by the river three times – and each time I've been in my PJ's ... now there's a glorious image for your imagination! This month has also seen the hatching of our Pheasant (Mrs P's) chicks – she was nesting under our holly tree, not to mention sightings here of a great crested grebe and her babies and a lesser spotted woodpecker who has taken to nesting in our apple tree. We have also seen a cockchafer, a large winged beetle (not my favourite things insects) but all sure signs that the world around us is finally waking up after what seems like a very long winter sleep! Exciting stuff!

Apologies

Now I must apologise firstly for the lateness of this Chronicle and secondly for the lateness of those orders – soul mandalas, guardian angel mandala's, atlantean blessings, auragraphs etc – which you may have ordered via Ipsissimus, our online shop, that have been late coming! This has been a CRAZY month what with having to prepare the first ever teachers course for the Inspiration System (see below) which led me to getting more than a little behind. However having now caught up not only should orders be delivered in time (well within the quoted 28 days) but also new orders are now available. So should anybody fancy any of the above or find themselves in need of a one question please feel free to order away to your hearts content! To entice you I have posted a few examples of my soul mandalas see the last page. Full details of these and everything else we offer online can be found at www.ipssissimus.co.uk I'd also like to apologise for the missing Grail Knight channellings, these have taken a little bit of a back seat whilst I've been focused on everything else that has been going on. However there will be more to come –

Headlines

- Christ Consciousness**
workshop availability tripled!
- Midsummer Magick Retreat**
now available to book
- Divine Cosmonauts**
workshop comes to Huddersfield
- Light Workers Upgrade 2 day**
workshop new for July

hopefully soon – and possibly other channellings too as there is a whiff of something very exciting on the horizon which will be completely new! Watch this space!!

Talking of Mandalas ...

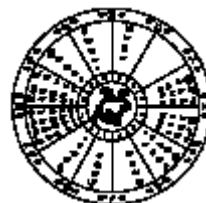
A new power mandala – those mandalas which are available for general use as down loads from the online shop – has recently been added following our very successful Void Workshop here at Low Burnfoot. This power mandala serves as a gateway to the Void allowing one through contemplation and meditation to connect with the power and consciousness of the Great Sleeping Mother, the creatrix of all, it is a VERY powerful mandala and can be used for a variety of purposes including healing and manifestation!



Also Coming Soon ...

We have finally managed to get a hold of a few new Iron Fairies which up to press have been out of stock at our suppliers! The Iron Fairies are so far proving very popular and are brilliant additions of magickal detail to any garden being so robust weather wise. I have one in my office – to help me with my toiling – plus another in my summer house and I just LOVE them! Check out Ipsissimus soon to see the new arrivals!

Lunar Charts



Charting your moods can be illuminating and an incredible relief. Being someone who is POWERFULLY affected by the Moon I was delighted when Andrew – my partner and in house Astrologer – cast a Lunar chart for me which detailed how the energies of the Moon might be effecting my moods over the months to come. The chart has proven INVALUABLE in allowing me to realise that I am neither going bananas nor just a cranky nightmare with bi polar tendencies but

rather someone simply under the sway of Luna. Accurate down to the time of day it shows which moods (raging from melancholy to down right depression) might strike as well as euphoria and bliss – the Luna chart has helped me enormously plan my day, week and month ahead and hunker down and deal with what the Moon might offer and bring. Now Andrew is offering these charts to everyone so that we all might benefit from knowing exactly what the moon has in store for us! Check out the Astrological Readings page at [lpsissimus](http://lpsissimus.com) now!

Meet the Teachers

As mentioned above this month saw the first ever Inspiration

Teachers Course – module 1 parts 1 & 2 – take place here at



Low Burnfoot. Six brave individuals – chosen by St Germain himself – took the plunge and trained to take Inspiration the Reiki of Atlantis out into the world. I have two more module one courses left to teach (both full I'm afraid) after which I will no longer be teaching this module! So if you are interested in doing the course then you will need to get a hold of one of the ladies listed below in your area. Needless to say I am SO proud of these wonderful ladies and know that they will enrich the system with their own unique natures and gifts. St Germain, Hilarion, Solomon, Lady Serada, Serapis Bay and I are more than happy to release the system into their capable hands, spreading the light of Atlantis out into the world and giving me the time I need to bring forwards further Modules. I cannot sing these ladies praises enough ... go get 'em girls! Whoever gets to experience your teaching will be lucky people indeed! Needless to say more Teachers will be joining them later this year but for now these are your girls!

Upcoming Workshops and Retreats at Low Burnfoot!

As is the nature of the year (!) our plans regarding a second retreat have changed and our proposed Glastonbury jaunt postponed until next year! As a result of this our **Midsummer Magick Retreat** from the 19th to the 22nd of June will be the only retreat we will run this year! There are still a few spaces available on what promises to be a most

magickal few days spent exploring the local landscape and the local mythologies at this very special time of the year and the retreat promises dragons, giants, fairies and elves, channelling, exercises, rituals and magick! Check out the retreat pages at [lpsissimus](http://lpsissimus.com) for more details and to book!

As a replacement for the Glastonbury retreat we have decided to run a two-day workshop here at Low Burnfoot on the 24th and 25th of July entitled **The Light Workers Upgrade!** This exciting weekend workshop will look at upto date channelled spiritual guidance on the "Ascension Plan" including information on earth shifts, economical and ecological trends, new Chakras, new Merkabahs and new Ascended Masters and Archangels. It will be a practical intensive jam packed with exercises and techniques that can be used for enriching ones own spiritual path as well as the spiritual path of others. Not to be missed this exciting opportunity to bask in the light and wisdom of the Masters promises to be truly transformational!

On the 22nd of August we have an **Earth Energies** workshop which will explore the mysterious powers of the Earth – the Teluric current – for self healing, the healing of others and the healing of the Earth herself. This one day workshop will examine the nature, power and wisdom of the Earth's energies, the role and power of the elemental kingdoms and how to work with them, the power of the Green Ray – the ray of life – as well as ley lines, power sinks, Earth Chakras and Nexus Points. This will be an interactive experiential workshop part of which will take place outside in Low Burnfoot's extensive gardens as well as in near by woodland, it will be an educational treat for all Earth and nature lovers!

And finally due to popular demand and over subscription we have managed to secure the local village hall so that we can extend the number of participants on the **Christ Consciousness** workshop on the 10th of October! This 10/10/10 workshop promises to be a uniquely powerful day when the Christ energy and the Sophia energy – the Feminine Christ some times referred to as the Magdalena Flame – will descend upon the planet in full force through the grace of the Holy Spirit. This will facilitate the "mystic marriage" or "Alchemical Wedding" and the birth of the Rose Gold Flame of the new Unified Christ! This day will be exceptionally powerful,

offering participants a unique opportunity for last minute preparations for this massive spiritual event as well as guided facilitation for the down loading and merging of this powerful energy. Live channellings, meditation and ritual will be complimented by practical guidance and exercises and powerful techniques that will be taught so that this mighty power might be better used.

For information on this and all other workshops at Low Burnfoot please go to www.ipssissimus.co.uk

The Divine Cosmonauts come to Huddersfield!

Due to popular demand the **Divine Cosmonaut** workshop – on Planetary Archangels – which I originally tried out as a mini workshop with Rosemary Stephenson at Ilkley last year – is coming to Huddersfield. I have already run this workshop VERY successfully in Surrey but have been guided now to bring it back north. The workshop – which is full of new and exciting information about hitherto unheard of Angelic forces – concentrates on the Planetary Archangels of the classic seven planets as well as the Archangels of the Asteroids and the Stellar Cheiftens or Star Devas. Amongst the many things included on the day is guidance on how to create a Stellar Temple – a Cosmic Sacred Space – exercises to call upon the Planetary Archangels so that they might help us clear the way on our life path, find the courage and spiritual endurance to carry on, as well as activation techniques to increase our creativity, healing and channelling abilities. We will also look at the Archangels of Challenge with whose assistance we can leap forwards on our spiritual way! This workshop will take place on Sunday 13th June and is very kindly being organised by Sandra Duckworth and booking can be made either with her directly or through the ipssissimus website at www.ipssissimus.co.uk/workshops.php where you will also find Sandra's contact details.

Certificated Numerology Course in Stoke on Trent

For those wanting to train as a practitioner in my Ascended Master and Archangelic Numerology System – as given to me by the Masters directly – or those simply wanting to learn a little more about the Ascended Masters, Archangels and the Universal language of sacred geometry and

mathematics the Numerology Course in Stoke on Trent is for you! This one day certificated workshop qualifies you as a practitioner of my numerology system providing you with enough information to cast a Numerology chart which is both comprehensive and revealing. This fun workshop takes place on the 4th of July and requires no previous training. The workshop will include meditations and live channellings whilst providing you with a highly valuable spiritual tool that you can use for yourself and others time and time again! To find out more and to book contact Kate on 07732 042589 or Caroline on 07960 202391

Super Mario and Bev at Global Tribe Crystals!

Global Tribe Crystals is a fantastic crystal emporium in the heart of Leeds West Yorkshire with a brilliant online shop, Mario and Bev who run the show are amongst the most warm hearted, fun, knowledgeable people



I have had the pleasure to meet and ever ready to help you out with any query you might have. I was recently looking for an Azezulite pendant to work with and after an exhaustive search came up with nothing remotely like what I wanted or could afford. However after making an enquiry with Mario and Bev at their stall at the Ilkley Complimentary Health Festival – where I often buy things from them - I very soon after received an email with a beautiful picture of my gorgeous pendant which was more than a reasonable price for what it was. I could not therefore recommend Global Tribe Crystals enough for their service and the unique and beautiful things they have on offer. Check out their website www.globalcrystals.com for more details of what they have on offer and where and how you can find them.

The School of Intuition and Healing

For those of you who have not heard Sue Allen, one of the most remarkable spiritual teachers, healers and sensitives we are fortunate enough to have here in the UK, has just recently set up her own school The School of Intuition and Healing. The school which is based in London offers a comprehensive array of courses, workshops



and classes on healing, medical intuition, entity release and psychical and spiritual development run by Sue and the schools teachers. In my opinion this is just what London has been in need of for some time, a school run by highly qualified and talented truly spiritual teachers with integrity and true spiritual motivation and purpose. Check out the website for more details www.intuitionandhealing.co.uk

New Monthly Atlantean Blessing

Ever happy to receive a freebie I thought it was time that I should give one out (in the secret hope that maybe I'll receive a freebie times three ☺). So here is the first of a regular feature – your free monthly Atlantean Blessing.

These blessings are encrypted spiritual codes that come to you in ancient Atlantean Melchizadek script from the crystal skulls. They can be meditated with, slept with under the pillow or placed upon the body to receive their power. If you would like your own personal Atlantean Blessing these can be obtained from the shop.



AWDESH

Dark, mysterious is She
Who slumbers, through all eternity.
She who comes to us through dreams,
And calls us hence upon black streams.

She is from another time and space,
A place that we shall know with grace.

Awaken her to feel her power,
Sometimes chaotic, sometimes dour.

Forever changing in her mood,
Just slip within this darkened hood.

A lake you will find of liquid gold,
To learn of that which is foretold.

To those who have always known,
A place where great mystery is shown.

So, be not afraid of this dark space,
For it is where the soul, takes true place.

Anne Noon 2010

Summer Dreaming

As those of you who follow my Tweets on Twitter or my Status Updates on Facebook will know I have recently been keeping a Crystal Dream diary, a record of the effects of various crystals on my dreams. These posts can still be found on both my Twitter and Facebook pages as well as on my Blog all of which you can view or sign up from via my website.

Well that's it for another month, enjoy the warming weather and don't forget your sun screen and your hats ... its shaping up to be a scorcher! Bright blessings y'all Ed x

Below are two examples of Edwin's Soul Mandalas

