

The Courtenay Chronicle

April 2010

Welcome to the slightly belated April Courtenay Chronicle. I am SO sorry about the delay but where does the time go to? April already – almost my birthday (the 30th of the month for all those wanting to send gifts and cards – chocolate and paper money always welcome – just kidding, just kidding) and so much to do and so little time to get it all done in! This is certainly turning out to be a busy, busy year and one which is whizzing past at warp factor 9 (for all you Star Trek fans out there!). This month already I've given my first ever Inspiration – the Reiki of Atlantis course in London, embarked on a second round of absent crystal skull healings, which are producing wonderful and powerful results with people and started in earnest the preliminary moves in working with a whole new set of spirit beings who – I must say – I am incredibly excited about! But more about them much later in future Chronicles yet to come ;o-).



So what can I tell you this month...? Well, we have some truly exciting new products which I am VERY excited about in the shop, plus some wonderful new workshops (see below) and I have some interesting and compelling information to share with you about another new Ascended Master I have recently encountered plus one of the world best kept secrets the Grandmothers! I can also tell you that Spring has truly sprung here in Northumberland with lambs being born every day now, popping up over night like fluffy white flowers, bouncing up and down to greet us in the morning when we open the bedroom curtains and gaze out onto the farmers field opposite. In sympathy with this explosion of life there has been a real flurry of new acquisitions at Ipssissimus – our online shop – and all sorts of new ideas for workshops and services too. Andrew has been busy beavering in the garden getting it all looking just fantastic for our workshop visitors who will be coming soon.

Part of this garden overhaul has included a good old clear out of our well – at the bottom of our garden near the river – and its dedication to the Goddess Coventina (the Roman name for the Lady of the Lake) who was venerated near by at the Coventina Shrine on Hadrian's Wall hundreds of years ago. Andrew and I just can't wait to share all this beauty with everyone planning to come here and remind ourselves every day of just how fortunate we are to have found this oasis. So come on down because the time is right and there is magick a foot just waiting to be sampled here at Low Burnfoot!

Ipssissimus Arrivals

As I mentioned we have had some wonderful new arrivals here at Ipssissimus our online shop.

Dragons and Hares

We have managed to source some truly wonderful, character full stone effect Dragons which are perfect for the garden, adding a little magick to any earthy space however big or small. We have also sourced some exquisite beautifully sculptured



Harriet Glen hares which captivate the truly magickal nature of this enchanting creature. Perfect for inside the home they make great altar objects, ornaments or desk buddies shimmering with their brassy glow.

Ascended Masters Symbols

We have added our wonderful new Ascended Master Symbols which can now be downloaded directly to your computer at a minimal price. These symbols were exclusively channelled for Ipssissimus by my brother Graham Courtenay and given the magickal computer treatment by Andrew. They make wonderful icons or portals through which the new Ascended Masters consciousness and power might be accessed and can be used in a variety of ways. Details of the Masters and

their ray and correspondences can be found on Ipsissimus as well as guidance as to how the pictures might be used. In time we are hoping to post similar symbols for the more classically recognised Masters too.

Angel Prayer and Healing Bowls and Statues

So taken aback was I by these beautiful, simple and spiritually powerful creations when I first came across them that I bought almost one of everything for myself straight away and then looked into getting hold of them to sell from the shop. The Angel prayer and healing bowls are sublime tools for connecting to the Angelic realm and contain ingredients of Quartz, Selenite and Angelite!



Holding them in cupped hands or placing them near by infuses the aura with a powerful, uplifting high vibration of angelic light – like breathing in fizzing angelic sea spray I find – shifting ones personal vibration and helping bridge our connection and space to the Angelic realms. Perfect as a ritual tool and point of focus and contemplation in meditation, communion and healing – whether for the self or when you are sending healing absently – or as a heavenly receptacle to hold the names of those you are sending healing too these objects are simply enchanting and overflowing with positive shining magick! The statues – small enough to be tucked in a hand bag or large pocket and therefore excellent for travel – serve a similar function in helping us connect to the Archangelic Kingdom. Excellent as little altar figures or bedside companions they exude simple, uplifting positive light and radiate a comforting calming feel. All of the designs are so beautiful to touch with their smooth lines and soft forms that they are hard to put down and seem to mould into the hands and want to stay there forever. I LOVE, LOVE, LOVE them and heartily recommend them to all Angel lovers out there.

Iron Fairies

Another new found love of mine are Iron Fairies, I was given my first Iron Fairy as a Christmas gift which inspired me to hunt them

down so that we could sell them from the shop. These darling little figures made from solid iron are perfect for those hidey holes and nooks and crannies in the garden which are calling out for a little extra magick. Perfect too for in doors, they have an eye catching quality looking like little frozen people who have been transformed into iron and frozen in time.



Complete with their own mythology, there are faires of well being, fairies for different flowers and fairies for luck and healing, they have their own enchanting back story and a wonderful website full of goodies to be explored and

mysteries to be solved that can unlocked once you have a fairy in your possession. They also come with a sweet little ritual whereby the fairies can be awoken/brought to life and wished upon! For me these are more than simply ornaments but links to the elemental world and whoever it was who created them has most definitely been used as an ambassador for the elemental kingdom, bringing their energy and consciousness directly back into connection with our own. Once again small enough to be carried about they make excellent companions – mine sits next to my office table reminding me to be diligent and not procrastinate – and fantastic altar figures to boot. If Angels are not your thing but Fairys are then these little mischief makers are for you. So log on and enter into the world of the Iron Fairies now!



As well as the above we have recently received some truly wonderful Celtic Pewter bracelets, some wonderful new Wiccan jewellery and some truly magnificent Window Crystal Light Catchers with the most shimmering rainbows imaginable! Needless to say there will more exciting new products coming to Ipsissimus soon so please do keep checking back with us. In the meantime it is important to remember that products is not all that we have on offer ... no siree!

Workshops at Low Burnfoot

There are three new exciting workshops up and coming at Low Burnfoot this year, the first on **Seership** focuses on the art of clairvoyance in all its many different forms and functions from seeing and reading the aura and energy system, to gazing into the future and past as well as reading the Akashic Records and the Souls energy! This workshop will include practical guidance and information for development drawn from my personal experiences and growth over the years as a seer as well as activations and awakenments that have been offered from the Conclave – the Spirit of the Crystal Skulls – to unlock our hidden power and potential in the brain and brow centre! It promises to be a very powerful workshop for those who already possess ability which they are seeking to strengthen or those wanting to “open their eyes” for the first time.

The second workshop is for all those already working with **Crystal Skulls** or wanting simply to find out more! The workshop will look at how the Crystal skulls can be worked with in a very practical way, how to connect with them, unlock their hidden energies and channel them for personal and planetary healing and the healing and light body activation of others! We will also explore how to tap into their vast knowledge and work with them etherically as well as directly in person. There will plenty of my own Crystal Skulls on hand to work with if participants do not possess their own but of course Skull Guardians are more than welcome to bring their own with them. This too promises to be a most exciting and truly powerful day! The third workshop is an **Earth Energy** which will focus on how to work with and for the powers of the Earth for personal healing and transformation and also to help the Earth with her own healing and transformational processes. This workshop will also incorporate making a deeper connection to and having a deeper understanding of Earth elementals such as Gnomes, Dragons, Giants, Dryads and Devas. Part of this workshop will be held indoors and part out doors in our wonderful garden and stone circle and the surrounding woodland area.

For further details on all these workshops and to book go to www.ipssissimus.co.uk and click on Workshops.

Wanting A Reading? Just sign up to the Waiting List Online!

Andrew, the web wizard that he is, has woven into our new revamped shop website a facility to sign up to a variety of reading waiting lists so that you will be informed straight away when slots become available! This new service is simple and easy to use and saves time emailing Andrew with your requests. Simply tick the boxes next to the reading/s you're interested in add your email address and submit, it couldn't be any easier. When spaces become available a notification will be sent directly to your inbox and you be able to respond straight away to secure a spot! Simple!

And now ... the Grandmothers!

A very dear old friend of mine has quite recently started working with a powerful group of presences called the Grandmothers. So important is this work that I asked Carole to write a little introduction about the Grandmothers for us all to read, further details regarding them can be found online and further information regarding Caroles work with them directly by emailing her. Read on because I truly believe that this message is for you!

Who are The Grandmothers? By Carole Humber

In this time of great change the Divine is finding many different ways to assist us and our planet. It is apparent to all that there is too much aggression, violence and pursuit of power, the masculine or yang qualities and not enough love, compassion and nurturing, the feminine or yin qualities. Before yin and yang can be brought into balance the earth needs a tremendous infusion of yin and this is where the Grandmothers come in.

The Goddess, the feminine aspect of the Divine Source, has come forward as the Grandmothers at this time because of the qualities we associate with the archetype of the grandmother – she who cares for all the family and will do whatever is needed to look after them. Their mission is to bring yin energy to the people and the planet. The energy will hold the planet and support it through its transformation.

Initially the Grandmothers chose one person, Sharon McErlane, to be the conduit for their

energy. Sharon was then able to pass the feminine empowerment on to others. Once a person has received the empowerment they are able to pass it on so that now it has reached hundreds of people. These people hold the energy for themselves and also pass it into the net of light, the construct holding the yin energy that surrounds the earth.

When a woman has received the empowerment she finds that she no longer has to compete on man's terms – power over, accumulation of wealth, outer appearances. She finds all aspects of her life are guided and supported by the Great Mother, that the more she aligns with the Grandmothers the more her life flows. "Feminine intuition" is no longer a joke but a way of life. When a man receives the empowerment it strengthens his feminine qualities and helps bring him into balance.

Although they may appear to people as a group of old ladies, the power of The Great Council of Grandmothers should not be underestimated! They are a mighty force and contain within them all the attributes of all other expressions of the Goddess. But they need us to play our part, to accept the feminine empowerment for ourselves and to strengthen the net of light for our planet.

For details of empowerments in Ewell, Surrey you can contact me at:

carole@sanctuaryofsophia.eclipse.co.uk.

For contacts in other parts of the country and internationally see

www.grandmothersspeak.com.

I also recommend the book "A Call to Power: The Grandmothers Speak" by Sharon McLane, available from me or the website. This is the fascinating story of how the Grandmothers came to Sharon and includes a great many of their teachings.

Readings at Wesak 2010

Levi Attias - one of the guest speakers at the Wesak Festival in Ewell - will be offering half hour readings on Sunday the 25th of April in Leatherhead. These readings will be a combination of Graphology and mediumship and will cost £30, Levi is an accomplished graphologist and medium who has given readings and classes in both these topics all over the world. Book now to avoid disappointment.

Paschalis will also be offering private channellings from Master Sananda in Ewell on

the 25th of April. It is always a wonderful experience to be in the energies of pure Love, of the Integrated Christ. Every channelling is a healing process by its own. Half hour and one hour sessions at £35 or £70 will be available, and you can ask up to 10 questions. Cd with the recorded session will also be provided.

For more details on these sessions or to book a session please contact Rosemary Stephenson on 07775 854640 or email rosemary@celestiallighthealers.com

And finally Lord Craven ... Ascended Master of the Knights Templar!

More than ever before more and more "new" Ascended Masters – Ascended Masters who have never directly made themselves known before – are stepping forwards to offer humanity guidance and help. One such Master is Lord Craven an Ascended Master who was once a member of the Knights Templar! Ascended Master of the 27th Ray – Lord Craven is Master of the ray of salvage and the eclectic, the ray of the "Magpie Seeker" – those who along their spiritual path gather together a "patchwork quilt" of spiritual truths chosen from all those things which they have experienced that have worked or resonated with them. Those who gather spiritual truths from all religions and weave them together to create something new, something of their very own, something that Spirit call "the religion of the heart". Lord Craven of course also holds the mysteries of the Knights Templar – which date back to the Temple of Melchisadek in Atlantis through the Order of the Violet Robe and has a deep understanding of the true Christian Mysteries as well as knowledge of the magickal artifacts that the Knights Templar guarded and kept from Atlantis and biblical times. I am sure that more and more people will be hearing from this remarkable Master and his midnight blue ray, if you do I would love to hear from you so please do drop me a line!

Well that seems more than enough for now, y'all have a wonderful April now and I'll see you in marvellous and magickal May, keep it real Chronicle Fans and bright blessed be.