

The Courtenay Chronicle

March 2010

Welcome to the Mad March edition of the Courtenay Chronicles and boy oh boy oh boy can't you just feel the bounce of Spring in the air! This time of year, with its frosty crisp mornings and beautiful golden light in the evening and the oh so soft warming rays all teasing and a tingling is SO exciting!! The power of life in the Earth begins now to rise stirring the sleeping animals and plants back into wakefulness and we similarly follow suit, casting off our Winter stupor and rising to embrace the light of the Sun. Here at Low Burnfoot the first Lambs of Spring were born, all ears and legs, the Woodpeckers peck away during the day and the Owls hoot at night and even the Spiders (Goddess bless them) have started to put in an appearance reminding me that I should be writing (when I'm surfing the net – don't tell Andrew!). March feels like the true beginning of the year – in more ways than one – and despite having had yet another tooth removed only a few days ago (that leaves with about six) I can't help but feel optimistic, like something marvelous is about to happen and we are all part of it! Watch this space, that space and every space about you is all I can say and may Mad March lead the way to peace, love and joy, joy, joy!



New Look Ipsissimus - up and running next week!



Andrew has been hard at work giving Ipsissimus – our online shop – a swanky new makeover, filling it with all sorts of new functionality and wonderful freebies including free Tarot and Rune Readings, free information on the Wiccan Sabbats and Esbats, Magick Squares, the Celtic Moons and much, much more! There will be new products available for purchase (see below) including digital down loads of chants and mantra's at ridiculous low prices. Be sure to go to www.ipssissimus.co.uk next week and enjoy the fruits of Andrew's hard labour ... I know I am!!

New Products this Month from Ipsissimus and Me!

Channelled Letters are monthly communications channeled just for you from the Masters and Archangels available in either three, six or twelve monthly installments. Up until now my quota has been well and truly full but from September onwards more letters will be available for people to book. If you are interested in finding out more and booking yourself some letters then please do not hesitate as they tend to book up tout de suite! Just go to Ipsissimus for more details and to find out how to book.

A cheaper option (and let's face it who isn't looking for one of these, these days!) is to have a new One Channelled Letter! These single channeled letters can be ordered individually for a smaller price and you can even ask up to three questions and specify which presence you'd like your communication from! What a bargain! I hear even the Oracle of Delphi didn't offer anything quite this reasonable!!

Also new are Guardian Angel Mandalas, a Mandala made especially for you to help you link and align to your Guardian Angel. All of these Mandalas will be unique and channelled especially for you with a one page interpretation of the Mandala and what it has to say about your guardian angels energy and their message for you at this time. These beautiful Mandalas can be used to help align and connect you to your Guardian angel as well as for personal healing, protection and empowerment. Click onto Ipsissimus to see an example and book one for yourself!

Alternately you might like to download one of the many Power Mandalas for yourself! These Mandalas have been offered by the spiritual world as a gift and can be used for reasons of psychical protection, spiritual attunement, connecting with the Masters and the Crystal skulls! This collection of Mandalas is just the



beginning and over the next months they will grow and grow as the spiritual hierarchy see fit, bringing forwards more and more Mandalas for humanity's requirements and needs. Once again these Mandalas can be used in a variety of different ways and come with suggested instruction and interpretation of their design.

As well as all this our existing services, One Questions, Soul Mandalas, Atlantean blessings, Numerology Charts and Auragraphs have now been re stoked which means there now plenty available for you to click on and buy. The Soul Mandalas – which I launched last month – have been going down a storm (as have the Atlantean Blessings) and I received some really positive feedback about how much they been helping people stay aligned and connected to their path during these difficult times which is just great!

New Dates for your Diary!

Workshops – we have some new up and coming workshops for later in the year which include a Working With The Crystal Skulls Workshop (ownership of a Skull not an essential to attend the day – as I have plenty to go round), an Earth Energy Workshop which will explore working with the Earths energy for self healing and empowerment, healing the Earth and connecting to Elementals. This workshop will take part outside as well as in utilizing the wonderful secret magick of our own woodland area and river! A Seership - Awakening the Third eye workshop which will explore new techniques of awakening and developing the powers of the third eye (which include telepathy and clairvoyance) using powerful new brain stimulation techniques and lastly (but by no means leastly) a Christ consciousness workshop on the 10th of the 10th 2010! This promises to be a REALLY powerful workshop exploring the mystery of the masculine and feminine Christ energy (the Christ Flame and the Magdalena Flame) and how this is in the process of combining within humanity to form a new flame – the rose gold Flame – which will enable heaven and earth to co-join through mankind! For more details on all these workshops and to book click onto the new look Ipssissimus up next week.



New dates for Crystal Skull Healing & Soul Retrieval

We have also just added some new dates for absent Crystal Skull Healing (which seemed very popular last month and was well received) and absent Soul Retrieval – also another popular choice. There are also a few places left for the absent Tarot Healing which I mentioned last month which focuses on diagnosing a person's holistic energetic health using the Tarot as well as calling upon these powerful Icons for healing. This healing comes with a lengthy report of the state of the energy system and what can be further done to help heal and balance it.

Greece is a no go for Rose and I!

Contrary to what was said in last year's Chronicle Rosemary Stephenson and I have decided not to attend this year's Spiritual Awakening Conference in Greece! This is solely because we both received guidance (independently) that it was not the right place for us this year! The conference is still going ahead and has a host of fascinating speakers offering lectures on some truly inspired topics, so if you feel the pull I would heartily recommend that you go. Check out the Angels House university website for more details on this very exciting event!



But Wesak is Green for Go!



If you want to catch a glimpse of Frixos and Paschalis – the organizers of the Spiritual Awakening conference in Greece – here in blighty as well as Levi – our Gibraltar Kabbalah expert (amongst other things such as mediumship, graphology and mental magic) and of course rosemary Stephenson and I then why not come along to our Wesak Celebration on the 24th April there are still places available – though they are filling up fast – for what promises to be a powerful spiritual day with opportunities galore not only to learn more and open yourself to the realms of Spirit but also to rededicate yourself to the spiritual path and imbibe in the renewing energies of the Wesak Celebration. More

details of the day and how to book can be found on rosemary website www.celestiallighthealers.com be there or be square!

Ilkley end of March

At the end of this month those of you who live "up north" or brave enough to travel this far can catch Andrew and I (as well as a host of other notable spiritual teachers, readers and healers) at the Complementary Health Festival in Ilkley. There mini workshops which run all day on a variety of topics can be attended for a minimal (and I do mean minimal) fee! I will be giving lectures on *Psychical Protection*, *Working With Crystal skulls* and the *New Ascended Masters* as well as teaming up with Rosemary to present a lengthier workshop on the healing powers of *Sound, Crystals and Colour!* The festival is always vibrant, exciting and positive and a real tonic for those needing a "pick me up and point me in the right direction"! more details can be found on the festival website www.ilkleyfestival.co.uk

Website of the Month!

I am very excited to introduce you all to the most wonderful website which has been brought about by a dear friend and true walker on the spiritual path of light Gisela Cowlin! This website is, in my humble opinion, long awaited and an absolute essential for those working towards the ascension of the planet and themselves. Not to mention an incredible resource for those people new to the scene. In her own words this is what the website is about ...

*Dear friends of the Ruby Ray,
Two years ago I was asked by spirit to anchor the Christ Light with the Ruby. Just recently I was given the task by Lord Maitreya to create a website <http://www.returnofthechrist.org.uk/> in order to distribute information about the new Christ energy entering the planet this year. This I wish to share with you today.*

The main focus is his Message regarding 'The co-joined balanced Christ Light energy of the true New Golden Age'.

To this has been added extensive background reading about the Christ energy and the Magdalene Flame that has taken us to this day.

Under HOLY SPIRIT Lord Maitreya provides a beautiful Heart Meditation in which he fans the Christ spark that resides deep within our hearts. Just recently the Knights of the Round Table have started to come forward with their teachings and guidance, which can be found under 'Quest for the Holy Grail' together with three chapters of the book Grail - Becoming Light - Living Love.

Many have had direct contact with the Christ energy in Abdy's Sessions. Some have written about their transformations that resulted from these encounters. The reports are posted under EXPERIENCES.

Hopefully you will find something inspiring in these pages of the website. But also, please feel free to pass the link on to your friends. Lord Maitreya expresses in his Message

"... preparation needs to occur now in order for the world to be even potentially ready for such a time. Part of the work then is centered in ensuring that more and more people know the truth concerning my energy and consciousness and the same regarding the Magdalena flame energy".

Check it out ... you won't be disappointed!

And finally ... six impossible things before breakfast!

Alice in Wonderland is the new film by Tim Burton featuring the gorgeous Johnny Depp and the scrumptious Helena Bonham Carter. Andrew and I saw it in 3D – which I would highly recommend – and were BLOWN AWAY by it! It is truly FANTASTIC and is just like stepping through the looking glass yourselves! Ignore what the critics say about the plot, this is a triumph and perfect escapism into a magickal land of talking caterpillars and floating cats (my favorite). Go see it now without delay as it won't be on the cinema screens for very long!



Well that's all for now folks, enjoy the spring weather and don't do anything that I wouldn't do ... which leaves you with plenty of lee way!