

The Courtenay Chronicle

January 2010

New Look Courtenay Chron!

Welcome to the first edition of the newly revamped Courtenay Chronicle for 2010 and a Happy New Year to you all! My Christmas break here in Northumbria has become slightly more extended than I anticipated with an unprecedented snow fall which has seen Andrew and I snowed in since the 28th! Still Andrew and I have made good use of the time updating the my website and coming up with some great new products for Ipsissimus our online shop – see below for details! I know that some of you have had a rough time of it over the past month or so and I've been hearing several reports of depression and people feeling that they had reached the end of the line spiritually speaking. Though I can't talk for everyone I really do feel that this is largely due to energy exhaustion on a personal and yearly level and that now we are into the new year a lot of you very shortly will be feel a whole lot better. In the meantime keep meditating, keep praying and keep doing the yoga, tai chi and chi gung. Anything and everything that will boost your energy levels pull you back into your life path flow and realign you with your soul guidance and the loving presence of your guides and spirit teachers. 2010 feels very promising to me and potentially very positive indeed what with all the powerful energies and presences that are connected to it, which leads me nicely to ...

2010 the Year of Unification!

2010 is over seen both the Cosmic Ascended Master the Maitreya (the Christ(who is numerologically 10, the Maha Chohan (the holy spirit) who is numerologically 20 and Lady Nada (Mary Magdalena) who is $3 - 2+0+1+0 = 3!$ So this year we have not one, not two but three Master presences watching over us! This is largely because of the descent of the Christ and Magdalena Flames (the masculine and feminine Christ energy) streaming down big time upon the planet now and how – through the grace of the holy spirit/the Maha Chohan – these energies will be combining together in us, unifying to form the “Rose Gold Christ Fire” the unified flame! For many this will be the beginning of their awakenment, for others the beginning of their ascension! It will be a time of return where the consciousness of humanity and the divine will join together as one ushering in an age of peace and unified spiritual truth, miracle and regeneration for the world! As I said ... a very promising and potentially positive new year!

Peace Bottles, Envoy Shells & Rubies

... oh my!

In order then to play our part in the Earth preparation for such a wonderful time we should be active in promoting peace, Earth healing and helping with the descent of the Christ Light. To this end there are a couple of means and products that some of us might find a little helpful along the way, Peace

Bottles are a new product by Sound Essences who have incorporated essential oils, crystals and sacred sound to create tiny little green bottles of peace which can be planted in the Earth to spread their peaceful energy and light out into the world. Excellent for globetrotting Earth healers or for those with good intentions who never have the time, or find themselves in the right circumstance to send healing to the Earth these little gems HIGHLY recommend by yours truly and can be bought in a pack or singularly. Click on www.soundessences.com to find out more. Another Earth healing tool that the Envoys (the Lemurian Sea Elementals I was working with last year) have been working on are similar in the sense that they are flat fan like shells which are also for planting in the Earth or throwing back to the waters and sea. These shells carry powerful Earth healing vibrations, whispering the primordial sound of creation back into the fabric of reality and encouraging regeneration, re growth and ascension. They can be obtained directly from me, free of charge, by emailing me at edwin@edwincourtenay.co.uk and sending your name and address, postage and the shells are totally free but may take a little while to get to you as I work through my back log! Finally The Maitreya has been working with a number of people throughout the world to ground and anchor the Christ Light energy through the planting of dedicated Ruby tumble stones throughout the planet, this years as well as urging us to continue with this mission Lady Nada is asking that we also plant Kunzite stones to help anchor the Magdalena Flame too, particularly in those places where the divine Mother is not yet recognised! Remember these Runys and Kunzites need be

no more than specks as it is the intention in combination with the little matter that helps to anchor the light. So lets get pro active and help the Divine help the world by getting planting these seeds of light, evolution and peace!

New Year, New Website, New Blog!

As mentioned above Andrew and I have been making good time of our incarceration by updating my website and blog. The new website has been designed to be bright, streamlined, easy to use, informative and clear with everything you might need to know about my work and services just one click away. From the home screen, that you directly enter into, you can see my calendar for the month and access my full schedule for the year, read a snippet of this months new channelling and go to the full version which is free to download. Access archive channellings from last years which are also free to download, see what Angel has a message for you for the day, sign up to follow me on Twitter, Facebook and YouTube and gain instant access to my blog! There is a contacts page with a list of those tried and trusted therapists and spiritual guides and teachers I have personally met, information and a link to our online shop, information on my reading services with opportunities to book, information on my Reiki system the Reiki of Atlantis and even a real time clock to keep you informed of the time whilst you browse! My new Blog will be updated regularly, there you can see my regular Twitter updates, choose to sign up to be emailed every time the blog is updated and even leave comments should you so

choose. Andrew has needless to say done a wonderful job – which I am eternally thankful for – and this for me is the best version of the website so far, have a click and see what you think! www.edwincourtenay.co.uk

New Services on Ipsissimus for 2010

Spirit, Andrew and I have also come up with some new services for 2010 available from our online shop and my website, these are Absent Crystal Skull Healing, Absent Soul Retrieval, Soul Mandalas and a new astrological chart!

Absent Crystal Skull Healing

This focuses on me working at distance with the Crystal Skulls to help with Light body Maintenance, Ascension Code Upgrades, healing of the brain and nervous system and much, much more! As well as a healing report this healing will often include a small channelled message from the Crystal Skulls themselves all of which will be emailed directly to you.

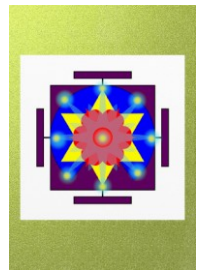
Absent Soul Retrieval

This service focuses on me working with my Spirit guide and Healing team to locate and return those lost fragments of individuals Spirit and Soul energy that has become fractured as a result of trauma in this and past lives. Once again this healing comes with a typed report of my experiences of the healing which will be emailed directly to you.

Soul Mandalas

These are beautifully crafted individual mandalas created by yours truly using my clairvoyant abilities which are representative of

your Soul energy, life path, psychical and spiritual potential and past lives. The mandala comes with a detailed



interpretation all of which is once again emailed directly to you, the mandala then can be used in a variety of different ways from personal healing, personal ascension code upgrades, meditation and crystal and water charging. The design can also be used in any promotional material of website the individual might have!

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Alongside this Andrew has developed a new Astrological chart for the more seasoned spiritual traveller which contains deeper information about the configuration of planets in the individual's horoscope and uses a rich and mystical language for interpretation. This chart is not for the layman but rather those seeking to delve a little deeper into the mysteries of the planets and the stars and the way in which these powers affects us! To find out more about all these services and to book them go to either www.ipssissimus.co.uk or www.edwincourtenay.co.uk

Website of the Month

A wonderful new website which is the brain child of Julia Caitlin is dedicated to ... and I quote ... “ promoting a more loving, considerate and connected approach to the earth and the natural world.” As well as to ... “ raise awareness and promote techniques, products and services which can help to make a real, positive difference to all of our lives.” It is a truly beautiful site and well worth a browse

through after which I'm sure you'll have come away with at least a few new ideas and products that will contribute to you living a greener and more ecologically responsible life. Just click www.lovingtheearth.co.uk to find out more!

CD of the month

Over Christmas I was fortunate enough to receive some truly generous iTunes tokens for Christmas (thanks D and C) ... I LOVE iTunes tokens as it means you can shop any time night or day and have your purchase downloaded in minutes to your computer. One of my star buys was Susan Boyle's new Album I Dreamed A Dream. I like many others was more than a little cynical of this woman who seemed to have been thrust into the crazy world of fame and fortune in a rather dangerous and inconsiderate way but wow! After listening to just 30 seconds of one track from the album before I bought it (a lovely iTunes feature) I was hooked. There is something incredibly powerful about the energy, the light streaming through this woman's voice. It is SO pure, SO special, SO Divine it just knocked my socks off. Suddenly I could clearly see why this unassuming but very special lady had reached super stardom overnight. Long live Susan Boyle and may we have many more albums like this from her please. Check out her music, I feel sure you will be able to sense the light of the source streaming through her lovely songs!

And Finally ...

As many of you may have seen there was an interview with me printed in the latest issue of Paradigm Shift magazine (details of how to get a hold of a copy can be found at www.paradigmshift.info) I must say a big thank you to Claire Williams for this interview which was great fun to do and made me feel like Jordan in Hello magazine. Even my mother was impressed! In this magazine I mentioned a number of new retreats and workshops I have in store for this year, most of which are booking up extremely fast! Attendance to these workshop is STRICTLY by booking and so in order for people to avoid disappointment like last year I would urge you to book yourselves on now, details of these can be found on the online shop. One workshop due to take place in Richmond North Yorkshire on the Sunday the 24th of January still has a few spaces left due to last minute cancelation. This workshop on the Tarot explores the spiritual mysteries and uses of these powerful and often over looked objects, focusing on their use as a map on our spiritual journey and how they can be used for healing and manifestation as well as reading! More detail to be found on Ipssissimus and email shop@ipssissimus.co.uk to book

Well that's all from me folks, wrap up warm against the snowy chill and remember to try and see the beauty in this frozen world, however inconvenient it might be. The divine is in the detail of nature and when we see it we can find it surprisingly nurturing! Bright blessed be and a happy new year!