



# THE COURTENAY CHRONICLE



April 2008

## Website of the Month [www.carolynwilliams.info](http://www.carolynwilliams.info)

Carolyn Williams is Angelic Reiki Master strongly connected to higher angelic energies. Her easy-to-follow website (and beautifully done ... good old Andrew) contains information about her healing, channellings, workshops and evenings where these energies can be experienced by others. There are details about 2 forthcoming workshops with Rachel Goodwin & Diana Summer respectively. There is also information about her beautiful new Angelic meditation CDs, produced with professional musician and record producer Andrew David. Check it out!

## Movie of the Month The Spiderwyck Chronicles

Calling all elemental fans, catching it while you can The Spiderwyck Chronicles, a children's film adapted from the highly successful book of the same name, is a fantastic film about a Victorian gent who creates the definitive field guide to the elemental kingdom. The book is greatly sought after by an evil ogre bent on discovering the secrets and dominating the rest of the elemental world, The film is FANTASTIC with beautiful depictions of the elementals by an author who clearly knows his stuff, I defy anyone not to let out a little sigh of awe when the Sprites (American fairies) emerge from the old lady's flower box. Pure magick!

## Cd of the Month Awakenings by Robert Gass and On Wings Of Song

This brilliant CD is no newby on the scene but has been knocking about for quite some time, loaned to me by a workshop participant I was delighted to discover artfully crafted chants ranging from Hebrew, to Sanskrit to the awe inspiring Lords

Prayer in ancient Aramaic. Not your usual plinky plonky fare this rousing CD full of triumphal march like beats and tribal "hoo haa's" encapsulates the chants perfectly conjuring visions of parading priests calling down the power of the Divine. A must have for all chant lovers!

## TV show of the Month Dr Who

What can I say ... the Doctors back and he's got a sassy new assistant and she's a red head! As an avid fan (oh yes I've already been to the Doctor Who exhibition under the ruse of taking my nieces and nephews ... my little heart fair melting when I saw K9) I couldn't let this Chronicle pass without encouraging you to check out Doctor Who on Saturday nights it's truly a delight, witty, exciting with breath taking special effects truly, truly spectacular! Watch it or be square ... what can I say Russell told me to encourage you (that's Russell T Davis the saviour of Dr Who ... he called for all fans to promote the show) and what ever Russell says I obey like the good wannabe Dalek I am.

## Ascension Retreat (11<sup>th</sup> – 14<sup>th</sup> July)

*Come to the lakes and disappear in  
a puff of golden enlightenment  
(enlightenment not guaranteed)!*

Me old pal Rosemary Stephenson and I are planning a four day Ascension Retreat in the Haybergill Centre Retreat House in sunny spectacular Cumbria. The retreat will cover all things ascensiony from the latest news re the ascension plan to information regarding what you can do to advance your personal ascension. Throughout the four days you will be given a veritable tool box of techniques that you can use for yourself, others or the planet for as well as finding out more about your

personal life path and purpose and those Ascended Masters and Archangels that are working with you. Rosie will be on hand with her singing bowls and healing powers and I with my third eye and open ear to the celestial realm to also offer personal guidance and direction. This is a fantastic opportunity to be cosseted in a wonderful environment and bombarded with knowledge and power direct from the spiritual world to aid you with your spiritual evolution.

## Communing With The Otherworld & Spirits Of The Land (A Halloween/Samhein Retreat!) (29<sup>th</sup> October -1st November)

Oh yes we doing a Halloween retreat in the Lakes! Andrew and I are planning a three day retreat, 2 days leading up to Halloween (Samhein) and the day itself, 20 minutes outside of Carlisle in Cumbria. The retreat will include bed, breakfast and all meals in a fantastic 16<sup>th</sup> Century pub, trips to local stone circles (including Castlerigg and Meg and her Daughters) as well as other local supernatural sites plus spiritual tuition and guidance. The theme of the retreat is communing with the Spirits of the otherworld (elementals, Gods, Guides and Angels) as well as the Spirits of the land and preparing for the energies of the coming new energetic year on November the 1<sup>st</sup>. This promises to be a FANTASTIC retreat packed with meditations, chanting, exercises in Spirit communication and a closer look at your personal astrological Moon phase at the time of your birth and its meaning, all culminating in a special final ritual celebration on Halloween night. Come, come ye lovers of the Moon, ye lovers of the Mother Goddess, come, come ye magickal children of the land ... the time has come to commune with the spirits of the land and the otherworld!

## From magickal retreats to magickal books!

The finishing touches have finally been put to Ipsissimus's first line of magickal spell books and Grimoires! These hand crafted books, stitched together using an ancient Egyptian method, hand dyed with natural herbs and plants and lovingly finished with crystals and fetishes have been made by your very own Andrew Helme here in Rose Cottage! Perfect for personal or Coven use in all shapes and sizes (and a variety of price ranges) these blank books are just waiting for you to fill them with your rituals and spells or your thoughts, dreams and meditations. Personal individual books can be made for your specific needs and tastes such as angel books, absent healing books and spiritual journals (just drop Andrew a line with your requirements). Check out the magick in the shop at Ipsissimus under Grimoires!

## Opening the Hidden Chakra – The Gateway To The Void!

On the 26<sup>th</sup> of this month at Huddersfield I will be presenting, in cahoots with my very good friend and spiritual sister Sandra Duckworth, a workshop for ladies only (!) offering the opportunity to experience a powerful initiation to open the hidden chakra found only within women, which is the gateway to the void! Without giving too much away the Void is the great creative ocean of infinite potential from which all comes, including the Divine! Its energy permeating everything and being the very fabric of magic itself! This workshop will explore the nature of the void and how the hidden chakra can be used to heal the self and others, to clear and transform limitless energy and to bring into manifestation your desires! This promises to be a mystical and magical day of song, chant, meditation, exercise and initiation not to be missed!

**Date For Your Diary**  
**26<sup>th</sup> April 2008**  
**Opening The Hidden Chakra**  
**The Gateway to the Void**  
**WOMEN ONLY**  
in  
**Huddersfield**  
Contact  
**Sandra Duckworth**  
**0777 0332574**  
or  
**duckers.88@ntlworld.com**

## Bloggerty, blog, blog, blog!

Yup Eddie's got his new Blog on and its looking pretty! For those of you still languishing in the 20<sup>th</sup> Century a blog is a web log or online diary, interactive in the way in which those who read it can post a message or comment to the little articles I write. The idea of my blog, Writesaided is to provide a forum for me to write about my day to day spiritual experiences as well as those revelations and truths I am told that I believe would be useful to be passed on. Check out the blog at <http://writesaided.blogspot.com> or follow the link from my website.

## Celestial Light Healers with Jimmy Twyman

Oh yes folks its almost Jimmy Twyman time! For those of you who have been bowled over by the Moses Code don't miss an opportunity to meet the man of the moment himself James Twyman at the up and coming Celestial Light Healers event at Gorton Monastery. As well as James giving two presentations throughout the day, Rosemary Stephenson will be playing her beautiful singing bowls for us, Trudy Ashplant, well known and much loved northern spiritual

teacher, will be talking about the Ascended Master's and the Tarot and Declan Kerr will be speaking on the mysteries of the Seal of Solomon. I also will be giving two presentations regarding the keys of Heaven and Earth! This looks like its going to be a doozy of a day, so don't delay book

right away! Oh dear ... did I just start to rhyme???

## Michael's Lantern and S.G.'s Violets Flame ... oh my!

The amazing Mary de Tute, a good friend and Master Key Healer in Surrey, has been guided through channelled letters from the Archangel Michael and St Germain (channelled by yours truly) to produce two incredible products to aid us with our spiritual evolution

and enlightenment. Michaels Lantern Light is a tincture which can be used to open the heart and Spirit, to inspire and encourage conviction, truth, power, and courage and fight confusion, doubt and apathy whilst St Germain's Violet Flame (another tincture) can be ingested to internalise the energy of the alchemical flame transforming inappropriate energies and releasing imbalances! Both tinctures have been designed in such a way that they can be recreated and passed on by just adding water and shaking. These bottles are available by donation from Mary by emailing her on [mary@defute.plus.com](mailto:mary@defute.plus.com) or calling her directly on 01580 879386 and will soon be available from Ipsissimus too!

## Check out the Calendar on my website ... there's more than just diary dates there!

The Calendar on my website has just been updated with information concerning ascension waves and fortuitous days to come from now until the end of the energetic year in October! These dates, some numerologically estimated, some of astrological significance and others simply given detail noteworthy dates when various energies will be focused on the planet by the Divine, the Angels and the Masters to help mankind with their ascension. Perfect then in helping you decide when to stay in bed, when to avoid intimate family gatherings as well as when to plan your light work and your workshops these dates could prove invaluable for lightworkers everywhere! Log on to the website and have a browse and let me know what your responses are throughout the year, I'd love to hear from you!

## And finally ...

*Happy birthday to me,  
Happy birthday to me,  
Happy birthday dear Edwin  
(for the 30<sup>th</sup> of April, no surely  
you can't be 37 as you only  
look 25 if you are a day)  
Happy birthday to me!*